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| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday  |
| Main meal choices | Pasta barTri colour pasta served with a choice of tomato and red pepper sauce or ham and cheese sauce. (V)G, M  | Pie Tuesday!Chicken and vegetable pie (G)(M)Or Mediterranean filo pie(V) G | Giant Yorkshire pudding with pork sausage OR Quorn sausage (V)(GF) availableG, E  | Mexican fiesta!Beef chilli served with rice OrMixed bean chilli and rice (V)  | Harry Ramsden’s fish Friday Battered fish filletGF fish filletOr Vegetable and Noodle chow main (V) |
| Garlic bread and grated cheese M, G | Sautéed potatoes and mixed greens | Mash, peas and gravyM |  | Chips, Sweetcorn or beans  |
| Sandwich or wrap choice | Hot wrapTuna melt G, E | Sandwichescheese or egg G, M, E | SandwichesTuna or cheeseG, M | Fiesta hot wrapChicken fajita wrapG | SandwichesEgg or hamG, E |
| Additional Choice | Jacket potato with baked beans, cheese or tuna M, F, E | Jacket potato with baked beans, cheese or tuna M, F, E | Jacket potato with baked beans, cheese or tuna M, F, E | Jacket potato with baked beans, cheese or tuna M, F, E | Jacket potato with baked beans, cheese or tuna M, F, E |
| Deserts  | Fresh fruit | Fresh fruit  | Fresh fruit | Fresh fruit | Fresh fruit |
| YoghurtsM | Natural Yoghurt and berriesM | YoghurtsM | Natural Yoghurt and berriesM | YoghurtsM |
| Iced spongeG, E | Banana muffinsG, E | Jelly and fruit pot | Flapjack with raisins G | Coconut biscuitsG, E |
| Available daily | Salad bar, fresh fruit, water and milk G, M | Salad bar, fresh fruit, water and milk G, M | Salad bar, fresh fruit, water and milk G, M | Salad bar, fresh fruit, water and milk G, M | Salad bar, fresh fruit, water and milk G, M |

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)

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| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday  |
| Main meal choices | Moroccan chicken tagine Or roasted vegetable tagine | Cheese and tomato pizza (V)OrSpaghetti BolognaiseG, M | Roast chicken dinner OrQuorn chicken dinner (V)  | Hot subs!Meatballs in tomato sauceOrFalafel in a tomato sauce (V)G,  | Fish finger Or mozzarella sticks (V)G, M |
| with braised rice | Grated cheese, potato wedges G, M | Roast potatoes, mash potatoes mixed vegetables, Yorkshire pudding and gravy. G, M,  | Grilled vegetables and new potato saladE  |  Chips peas or beans |
| Sandwich or wrap choice | Hot wrapBean and cheeseG, M | Sandwichescheese or eggG, M | SandwichesTuna or cheeseG, M | Hot wrapHam and cheeseG, M | SandwichesEgg or hamG |
| Additional Choice | Jacket potato with baked beans, cheese or tunaM, F, E | Jacket potato with baked beans, cheese or tunaM, F, E | Jacket potato with baked beans, cheese or tunaM, F, E | Jacket potato with baked beans, cheese or tunaM, F, E | Jacket potato with baked beans, cheese or tunaM, F, E |
| Deserts  | Fresh fruit | Fresh fruit  | Fresh fruit | Fresh fruit | Fresh fruit |
| YoghurtsM | Natural Yoghurt and berriesM | YoghurtsM | Natural Yoghurt and berriesM | YoghurtsM |
| Chocolate crunchG | Victoria sandwich G, E | Jelly and fruit pot | Short bread G, E | Blueberry muffinG, E |
| Available daily | Salad bar, fresh fruit, water and milk M | Salad bar, fresh fruit, water and milk M | Salad bar, fresh fruit, water and milk M | Salad bar, fresh fruit, water and milk M | Salad bar, fresh fruit, water and milk M |

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)

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| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday  |
| Main meal choices | Chicken meatballs with a Swedish pepper sauce Vegan meatballs with Swedish pepper sauce (V)  | Mac N Cheese (V)G, MOrPasta Arrabiata (V)GF Available  | Sweet and sour chicken with peppers and pineappleVegetable and beansprout stir-fry with noodles (V) | Beef burgers in a bunOr Southern fried Quorn burger in a bun (V)G GF Available | Salmon Fish cakeOrVegetable pasty (V) |
| Mashed potatoes and mixed root vegetables | Garlic bread and sweetcorn | Rice  | Diced potatoes and beans | Chips, Peas and sweetcorn  |
| Sandwich or wrap choice | Hot wrapBBQ chicken and cheeseG, M | Sandwichescheese or eggG, M, E | SandwichesTuna or cheeseG, M | Hot wrapPizza WrapG, M | SandwichesEgg or hamG, E |
| Additional Choice | Jacket potato with baked beans, cheese or tunaM, F, E | Jacket potato with baked beans, cheese or tunaM, F, E | Jacket potato with baked beans, cheese or tunaM, F, E | Jacket potato with baked beans, cheese or tunaM, F, E | Jacket potato with baked beans, cheese or tunaM, F, E |
| Deserts  | Fresh fruit | Fresh fruit  | Fresh fruit | Fresh fruit | Fresh fruit |
| YoghurtsM | Natural Yoghurt and berriesM | YoghurtsM | Natural Yoghurt and berriesM | YoghurtsM |
| Cinnamon and raisin muffinsG, E | Carrot cake slice G, E | Jelly and fruit pot | Cheese and CrackersG, M | Lemon drizzle cakeG, E |
| Available daily | Salad bar, fresh fruit, water and milk M | Salad bar, fresh fruit, water and milk M | Salad bar, fresh fruit, water and milk M | Salad bar, fresh fruit, water and milk M | Salad bar, fresh fruit, water and milk M |

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)

Salad bar options

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| Rainbow peppers | Baby leave salad | Cucumber sticks | Carrot sticks | Coleslaw  | Cous Cous  | Boiled eggs  |
| Iceberg lettuce  | Beetroot | Sweetcorn  | Rice salad | Potato salad  | Noodles  | Quinoa  |
| Cherry tomatoes | Pasta salad | Grated carrot | Mixed beans salad | Chickpeas  | Roasted vegetables  | Bulger wheat  |