## Sandiway Primary School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal choices	Pasta bar	Mince beef hot pot	Roast Turkey Dinner	Chicken Korma	Harry Ramsden's fish
	Tri colour pasta served	with mixed vegetables	Or	Or	Friday
	with a choice of	and topped with sliced	Roast Quorn Dinner	Roast vegetable and	Battered fish fillet
	tomato and sausage	potatoes	(∨)	chickpea Korma	G
	sauce or Cheese and	Or		(V)	Or
	Herb sauce. (V)	Vegetable hoy pot			Vegetable and Noodle
	G, M	(V)			chow main (V) E,G
	Garlic bread and grated	Red Cabbage and	Roast potatoes, mash	Rice and Sambals	Chips, Sweetcorn or
	cheese M, G	Crusty bread roll	potatoes mixed		beans
		G	vegetables, Yorkshire		
			pudding and gravy.		
			G, M,		
Sandwich or wrap	Hot wrap	Sandwiches	Sandwiches	Hot wrap	Sandwiches
choice	Tuna melt	cheese or egg	Tuna or cheese	Southern fried chicken	Egg or ham
	G, E	G, M, E	G, M	G	G, E
Additional Choice	Jacket potato with				
	baked beans, cheese or				
	tuna	tuna	tuna	tuna	tuna
	M, F, E				
Deserts	Fresh fruit				
	Yoghurts	Natural Yoghurt and	Yoghurts	Natural Yoghurt and	Yoghurts
	М	berries	Μ	berries	Μ
		Μ		Μ	
	Chocolate orange	Vanilla shortbread	Jelly and fruit pot	Banana loaf cake	Rice crispy cake
	crunch	G		G	
	G				
Available daily	Salad bar, fresh fruit,				
	water and milk G, M				

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal choices	Broccoli and Salmon	Beef Burrito with rice	Roast chicken dinner	Steak and vegetable	Fish Finger
	pasta bake	Or	Or	pie	Or
	F, M, G	Roasted vegetable and	Quorn chicken dinner	G	Mozzarella sticks (V)
	Or	chick pea Burrito	(V)	Cheese and onion pie	G, M
	Tomato and mozzarella	(V)		(V)	
	pasta bake	G		M, G	
	(V) G, M				
	Garlic bread and grated	Potato wedges and	Roast potatoes, mash	Diced potatoes and	Chips peas or beans
	cheese	dips	potatoes mixed	sweetcorn	
			vegetables, Yorkshire		
			pudding and gravy.		
			G, M,		
Sandwich or wrap	Hot wrap	Sandwiches	Sandwiches	Hot wrap	Sandwiches
choice	Bean and cheese	cheese or egg	Tuna or cheese	Pizza wrap	Egg or ham
	G, M	G, M	G, M	G <i>,</i> M	G
Additional Choice	Jacket potato with				
	baked beans, cheese or				
	tuna	tuna	tuna	tuna	tuna
	M, F, E				
Deserts	Fresh fruit				
	Yoghurts	Natural Yoghurt and	Yoghurts	Natural Yoghurt and	Yoghurts
	Μ	berries	Μ	berries	Μ
		Μ		Μ	
	Coconut sponge slice	Carrot cake	Jelly and fruit pot	Oat biscuit	Cheese and Crackers
	G	G		G	M, G
Available daily	Salad bar, fresh fruit,				
	water and milk M				

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