

Sandiway Primary School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal choices	Pasta bar Tri colour pasta served with a choice of creamy Chicken and Mushroom or Tomato and basil. (V) G, M	Cottage pie topped with mash Potatoes Or Veggie cottage pie topped with mash potatoes E (V)	Roast Gammon Dinner Or Roast Quorn Dinner (V)	Chicken Tikka Masala Or Roast vegetable and Chickpea Tikka Masala (V)	Harry Ramsden's Battered fish fillet G Or Breaded Quorn dippers (V) E, G
	Garlic bread and grated cheese M, G	Crusty bread roll G	Roast potatoes, mash potatoes mixed vegetables, Yorkshire pudding and gravy. G, M,	Rice and naan Bread G	Chips, Sweetcorn or beans
Sandwich or wrap choice	Hot wrap Tuna melt G, E	Sandwiches cheese or egg G, M, E	Sandwiches Tuna or cheese G, M	Hot wrap BBQ Chicken and Cheese G, M	Sandwiches Egg or ham G, E
Additional Choice	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E
Deserts	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts M	Natural Yoghurt and berries M	Yoghurts M	Natural Yoghurt and berries M	Yoghurts M
	Chocolate sponge and custard G	Vanilla shortbread G	Jelly and fruit pot	Ginger Parkin G	Rice crispy bar
Available daily	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal choices	Chicken Mexicana pasta bake G, M Or Quorn bolognaise pasta bake (V) G, M, E	Beef Chilli and rice Or Roasted vegetable and chick pea chilli and rice (V)	Roast chicken dinner Or Quorn chicken dinner (V)	Pizza Margareta G, M (V) Or Ham and Pineapple Pizza G, M	Fish Finger G Or Mozzarella sticks (V) G, M
	Garlic bread and grated cheese G, M		Roast potatoes, mash potatoes mixed vegetables, Yorkshire pudding and gravy. G, M,	Seasoned potato Wedges G Garlic and herb dip E	Chips peas or beans
Sandwich or wrap choice	Hot wrap Bean and cheese G, M	Sandwiches cheese or egg G, M, E	Sandwiches Tuna or cheese G, M, F, E	Hot wrap Cajun Chicken Wrap G, M	Sandwiches Egg or ham G, E
Additional Choice	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E
Deserts	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts M	Natural Yoghurt and berries M	Yoghurts M	Natural Yoghurt and berries M	Yoghurts M
	Chocolate Crunch G	Vanilla Cupcake G, E	Jelly and fruit pot	Ginger biscuits G	Cheese and Crackers M, G
Available daily	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)